

**Testimony of Frank Thomas  
before the  
Committee on Government Reform  
United States House of Representatives  
March 17, 2005**

Good morning, Mr. Chairman and Members of the Committee. I want to thank the Chairman and the Ranking member for allowing me to make this statement. My name is Frank Thomas and I am a baseball player for the Chicago White Sox—a team I am proud to have been part of since joining Major League Baseball in 1989.

First of all, Mr. Chairman, let me say that as an outspoken critic of steroids, I would like to work with this Committee, Major League Baseball, and the Players Association to warn everyone – especially young people – about the dangers of performance enhancing drugs. Steroids are dangerous and the public should be educated about them, and in particular, parents should make sure their children are aware that steroids can be bad for their health.

I also believe the League and the Players' Association have done the right thing by reopening our collective bargaining agreement and strengthening our policy on drug testing. I support this new policy as a very good first step in eliminating steroid use from the sport I love.

I have been a major league ballplayer for 15 years. Throughout my career, I have not used steroids. Ever.

Thank you, Mr. Chairman and Members of the Committee.